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| Activity | Attributes needed to achieve a particular goal |

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| --- | --- | --- | --- | --- |
| The goal or ambition analysed here is:    To achieve this goal or ambition, the following attributes will probably be needed: | | | | |
| **Attribute** | **Highly relevant** | **May be relevant** | **Not relevant** | **Don’t know** |
| Self-knowledge and self-awareness |  |  |  |  |
| Problem-solving ability |  |  |  |  |
| A creative approach |  |  |  |  |
| Positive attitude |  |  |  |  |
| People skills |  |  |  |  |
| Team working |  |  |  |  |
| Leadership |  |  |  |  |
| Negotiating skills |  |  |  |  |
| A desire to succeed |  |  |  |  |
| A willingness to ‘do what it takes’ |  |  |  |  |
| Emotional intelligence |  |  |  |  |
| The ability to manage personal stress |  |  |  |  |
| The ability to cope with and/or promote change |  |  |  |  |
| Self-confidence |  |  |  |  |
| A broad range of personal interests |  |  |  |  |
| Good health |  |  |  |  |
| Self-knowledge (reflection, self-analysis) |  |  |  |  |
| Risk management |  |  |  |  |
| Ability to cope with uncertainty |  |  |  |  |
| Other skills needed to achieve this goal or ambition:  1  2  3  Personal qualities needed to achieve this goal or ambition:  1  2  3  Any other attributes needed to achieve this goal or ambition:  1  2  3 | | | | |