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| Activity  | Attributes needed to achieve a particular goal |

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| The goal or ambition analysed here is:  To achieve this goal or ambition, the following attributes will probably be needed: |
| **Attribute** | **Highly relevant** | **May be relevant** | **Not relevant** | **Don’t know** |
| Self-knowledge and self-awareness |[ ] [ ] [ ] [ ]
| Problem-solving ability |[ ] [ ] [ ] [ ]
| A creative approach |[ ] [ ] [ ] [ ]
| Positive attitude |[ ] [ ] [ ] [ ]
| People skills |[ ] [ ] [ ] [ ]
| Team working |[ ] [ ] [ ] [ ]
| Leadership |[ ] [ ] [ ] [ ]
| Negotiating skills |[ ] [ ] [ ] [ ]
| A desire to succeed |[ ] [ ] [ ] [ ]
| A willingness to ‘do what it takes’ |[ ] [ ] [ ] [ ]
| Emotional intelligence |[ ] [ ] [ ] [ ]
| The ability to manage personal stress |[ ] [ ] [ ] [ ]
| The ability to cope with and/or promote change |[ ] [ ] [ ] [ ]
| Self-confidence |[ ] [ ] [ ] [ ]
| A broad range of personal interests |[ ] [ ] [ ] [ ]
| Good health |[ ] [ ] [ ] [ ]
| Self-knowledge (reflection, self-analysis) |[ ] [ ] [ ] [ ]
| Risk management |[ ] [ ] [ ] [ ]
| Ability to cope with uncertainty |[ ] [ ] [ ] [ ]
| Other skills needed to achieve this goal or ambition:123Personal qualities needed to achieve this goal or ambition:123Any other attributes needed to achieve this goal or ambition:123 |